	First Catechism 90-94		scripture: Isaiah 58:13-14	
Week 1 3/6/2016	90. What is the fourth commandment? The fourth commandment is "Remember		,	
Week 2 3/13	the Sabbath day, to keep it holy. Six days you shall labor and do all your work, but the seventh day is the Sabbath of the LORD your God. In it you shall do no			
Week 3 3/20	work: you, nor your son, nor your daugh- ter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who is within your gates. For in six days			
Week 4 3/27	the LORD made the heavens and the earth, the sea, and all that is in them, and rested the seventh day. Therefore the LORD blessed the Sabbath day and		13 "If you turn away your foot from the Sabbath, From doing your pleasure on My holy day,	
Week 5 4/3	hallowed it." (NKJV)	\Diamond	And call the Sabbath a delight, The holy day of the Lord honorable, And shall honor Him, not doing your own ways, Nor finding your own pleasure	☆
Week 6 4/10	91. What does the fourth command- ment teach you? To work six days and keep the Sabbath day holy.	\Diamond	Nor finding your own pleasure, Nor speaking your own words,	
Week 7 4/17	92. What day of the week is the Christian Sabbath? The first day of the week, called the Lord's Day.	\Diamond		
Week 8 4/24	93. Why is it called the Lord's Day? Because on that day the Lord Jesus Christ rose from the dead.	\Diamond		
Week 9 5/1	94. How should you keep the Lord's Day? I should rest from my daily work and faithfully worship God.	☆	14 Then you shall delight yourself in the Lord; And I will cause you to ride on the high hills of the earth,	
Week 10 5/8	Review	\Diamond	And feed you with the heritage of Jacob your father. The mouth of the Lord has spoken."	\Diamond
Week 11 5/15	Review	\Diamond	Review	\Diamond
Week 12 5/22	Recite 90-94	\Diamond	Review BONUS: Isaiah 58: 10-14	☆
Week 13 5/29			Isaiah 58:13-14	☆