

		First Catechism 90-94	scripture: Isaiah 58:13-14
Week 1	3/8/2026	<p>90. What is the fourth commandment? <i>The fourth commandment is "Remember the Sabbath day, to keep it holy. Six days you shall labor and do all your work, but the seventh day is the Sabbath of the LORD your God. In it you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who is within your gates. For in six days the LORD made the heavens and the earth, the sea, and all that is in them, and rested the seventh day. Therefore the LORD blessed the Sabbath day and hallowed it." (NKJV)</i></p>	<p>13 "If you turn away your foot from the Sabbath, From doing your pleasure on My holy day, And call the Sabbath a delight, The holy day of the Lord honorable, And shall honor Him, not doing your own ways, Nor finding your own pleasure, Nor speaking your own words,</p>
Week 2	3/15		
Week 3	3/22		
Week 4	3/29		
Week 5	4/5		
Week 6	4/12	<p>91. What does the fourth commandment teach you? <i>To work six days and keep the Sabbath day holy.</i></p>	☆
Week 7	4/19	<p>92. What day of the week is the Christian Sabbath? <i>The first day of the week, called the Lord's Day.</i></p>	☆
Week 8	4/26	<p>93. Why is it called the Lord's Day? <i>Because on that day the Lord Jesus Christ rose from the dead.</i></p>	☆
Week 9	5/3	<p>94. How should you keep the Lord's Day? <i>I should rest from my daily work and faithfully worship God.</i></p>	☆
Week 10	5/10	Review	☆
Week 11	5/17	Review	☆
Week 12	5/24	Recite 90-94	☆
Week 13	5/31		☆

14 Then you shall delight yourself in the Lord;
 And I will cause you to ride on the high hills of the earth,
 And feed you with the heritage of Jacob your father.
 The mouth of the Lord has spoken."

